

## Cutting your waste saves money and the planet!

Americans create more waste than anybody else in the world! This wasted material was made from natural resources like electricity, water, minerals, and trees. Throwing it all away is hurting the planet and besides, we are running out these resources!

Americans are learning to be smarter and more respectful of the nature that nurtures us.

When you use things more than once and recycle whatever you can, you will save money and help the environment too!



### Easy ways to waste less:

- Buy products sold in bigger containers such as flour, pasta, rice, nuts, and spices (it costs less per pound!)



- Don't buy disposables, or things you only use once and then throw away
- Buy things that can be used more than once like cloth napkins and handkerchiefs, food storage containers, razors, batteries.
- Recycle whatever you can (see back for list of things that can be recycled).



- If you bring your own bag to the store, some stores will give you 5 cents for each reused bag.
- Don't buy things like saran wrap and foil, use tupperware or empty food containers to store leftovers or to carry your lunch.
- Give unwanted things to thrift stores or have a yard sale instead of throwing them away

- Buy from the classified ads or from thrift shops because it is much cheaper



- Walk, ride your bike, or take the bus; save fuel and keep the air cleaner.
- Share magazines and books with others and use the library.
- Teach your children how to recycle and protect the environment.
- There are recycling programs you can participate in that will help you cut down on the amount of material you throw into a garbage can.



- Use both sides of the paper because you save trees, energy and water, which are all used to make paper.

**What you can recycle:**

[Insert list of recyclables and short description of how to prepare here. Could also include address and phone number for depots in your community]


**For more information contact:**

City of Coquille  
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Save Money  
and  
Help the Environment!

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